

Mt. Vernon Football Junior High Camp schedule 2012

FUNDAMENTAL SKILLS CAMP

CAMP FOCUS: Teach key fundamentals and techniques.

- *To lay a solid fundamental foundation for players to build on.*

CAMP IS FOR: 5th, 6th, 7th, 8th grade players

- *Player's will receive instruction for both their offensive and defensive positions except QB's.*
- *Quarterbacks will work exclusively as a QB's during this camp.*

WHERE & WHEN: Mt. Vernon High School 8112 N. 200 W. Fortville, IN 46040

- Sun. March 4th 3:00 – 5:30 pm Mt. Vernon H.S. gyms
- Tue. March 6th 7:00 – 9:00 pm Mt. Vernon H.S. gyms
- Sun. March 11th 3:00 – 5:30 pm Mt. Vernon H.S. gyms

CAMP DETAILS: **Indoor camp** that will focus on footwork fundamentals and techniques.

- Quarterbacks and receivers will be video taped and analyzed during the camp.

COST: \$60.00 per camper *To include: - 7 hrs. of instruction - Video instruction - T-shirt*

MT. VERNON Jr. High TEAM CAMP

CAMP FOCUS: Varsity staff will install programs basic offense & defense.

CAMP IS FOR: Player's entering the 5th, 6th, 7th, 8th, 9th grade next fall

DATES, TIMES & LOCATION:

- Sun. May 20th 4:00 - 5:30 pm Mt. Vernon H.S. practice fields
- Mon. May 21st 4:00 – 5:30 pm Mt. Vernon H.S. practice fields
- Tue. May 22nd 4:00 – 5:30 pm Mt. Vernon H.S. practice fields
- Wed. May 23rd 4:00 – 5:30 pm Mt. Vernon H.S. practice fields

CAMP DETAILS: *Campers should wear football cleats, t-shirts & shorts or sweats.*

- *The Varsity staff and players will begin implementing the program's offense and defense.*

COST: \$20.00 6 hrs. of instruction

MT. VERNON Jr. High TECHNIQUE CAMP

CAMP FOCUS: **BLOCKING, TACKLING and being PHYSICAL.**

- *The Varsity Staff believe these are the three keys to playing championship level football.*

CAMP IS FOR: 1st & 2nd Graders & 3rd – 9th graders

DATES, TIMES & LOCATION:

- Sun July 15th (1st & 2nd graders 5:00 – 5:45pm) (3rd – 9th graders 6:00 – 7:30 pm)
- Mon July 16th (1st & 2nd graders 5:00 – 5:45pm) (3rd – 9th graders 6:00 – 7:30 pm)
- Tue July 17th (1st & 2nd graders 5:00 – 5:45pm) (3rd – 9th graders 6:00 – 7:30 pm)
- Wed July 18th (1st & 2nd graders 5:00 – 5:45pm) (3rd – 9th graders 6:00 – 7:30 pm)

DRESS: **FULL PADS & HELMET** (Be sure to remember a mouthpiece)

COST: \$50.00 6 Hrs. of instruction

The varsity staff is excited to work with the young Marauders to build a Championship Program.

***Mt. Vernon IJFA QB and Skill
Position Camp Registration
March 4th, 6th, 11th***

Name: _____ **Home Phone:** _____

Address: _____ **City:** _____

Middle School: _____ **Grade in 2011-12:** _____

School System attending: _____

Parent Name: _____ **Parent cell #:** _____

E-Mail address: _____ **T-shirt size:** S M L XL (Adult Sizes)

Insurance Policy #: _____

I hereby authorize directors of the camp to act for me according to their best judgment in an emergency requiring medical attention. I hereby release the camp from liability for any injuries incurred while at camp.

Parent Signature: _____

Position Registration: (Circle position you plan to attend camp)

Quarterback (QB's will work only as QB's at camp)

If not attending as a QB, circle both an offensive & defensive position:

Offensive Position: Running Back Receiver Tight end

Defensive Position: Def. Back Linebacker

Cost:

\$80.00 per camper:

\$60.00 for schools who have 5 or more player's attending

Registration:

Mail to: IJFA, Attn: Pam Barr 127 Stony Creek Overlook, Noblesville, IN 46060

Make checks payable to: IJFA

Confirmation: Will be sent out by e-mail.

e-mail: ijfa@live.com

Questions: Contact coach Barr 317 514 6010

Mt. Vernon Jr. High Football Team and Technique Camp Registration Form

Camper's name: _____ *Home Phone # :* _____

Address: _____ *City:* _____

Grade in 2011/2012: _____ *E-Mail address:* _____

Circle T-shirt size: S M L XL (adult sizes)

Parent Name: _____ *Parent cell #:* _____

I hereby authorize directors of the camp to act for me according to their best judgment in an emergency requiring medical attention. I hereby release the camp from liability for any injuries incurred while at camp.

Parent Signature: _____

CIRCLE THE CAMP OR CAMPS YOU PLAN TO ATTEND:

TEAM CAMP (May)

TECHNIQUE CAMP (July)

CIRCLE YOUR OFFENSIVE & DEFENSIVE POSITION:

- **OFFENSE:** *Quarterback* *Running Back* *Receiver*
- **DEFENSE:** *Inside Linebacker* *Outside Linebacker* *Defensive Back*

COST: TEAM Camp: \$20.00 TECHNIQUE Camp: \$50.00

- Mail registration and check for the **TEAM, TECHNIQUE** or both to:
- **Mt. Vernon H.S. Attn: Coach Armstrong**
- **8112 N. 200 W. Fortville, IN 46040**
- *Make checks payable to: Mt. Vernon Football*